GOMS Eblast 10-4-19

UPCOMING IMPORTANT DATES



October 9 Champions for Kindness Rally (Bullyproofing) for Students

11 End of 1st Quarter

15 - 18 MARINE BIOLOGY TRIP (Legacy/Odyssey)

16 Site Council Meeting, GOMS Library, 3:30 pm

22 - 25 MAP TESTING

24 Spelling Bee - Multipurpose Room

CLICK HERE for Community Flyers



Snapchats don't last forever, but yearbooks do! Order your yearbook online NOW for the best deals of the year!

CLICK HERE TO ORDER YEARBOOK

Please support our wonderful teachers and staff by contributing to the staff breakfast on Wednesday October 16th. Click below to view the sign up genius:

Teacher Appreciation Breakfast Sign Up

Your support is greatly appreciated!

Thank you, Your PFC Staff Appreciation Team

Spelling Bee

Our annual GOMS Spelling Bee is underway! The official bee will take place on October 24th at 6 pm in our Granite Oaks multipurpose room. Students are bringing home the first list to study for round one. In addition they will be collecting pledges to support their efforts. All proceeds benefit the Language Arts department. We appreciate your support in our endeavor to celebrate our talented students.

Here are some important dates to remember:

September 23 to October 8 - Students are studying words and begin securing pledges **September 27th** - First round of Great Falcon Spell Check and pledge sheets returned to Language Arts teacher

September 30th - Graded tests sent home

October 8th - Return pledge sheets and pledge money to teacher



Counselor Corner

October 2019 GOMS National Bullying Prevention Month

The Week of October 7th

Make friends with someone you don't know at school

Monday, 10/7 World Day of Bullying Prevention - Wear Blue T-shirt

The 7th and 8th grade homeroom with the most students wearing blue t-shirts will earn a doughnut breakfast

Homeroom teachers will be handing out "Make Bullying History" wristbands designed by ASB

Tuesday 10/8 Blue nail polish painting during lunch (painting thumbs for "thumbs up" for "Make Bullying History")

Wednesday 10/9 Champions for Kindness Rally (7th grade: 8:40-9:25 and 8th grade: 9:40-10:15)

Wednesday 10/9 Long Sock Wednesday for spirit points

Friday 10/11 Fun Friday w/bullying prevention theme





The Week of October 14th

STAND UP for Others Week

Monday 10/14 PE Classes-Video (verbal/physical bullying)

Wednesday 10/16 Lunch - Poster Pledge: "Make Bullying History" (students will stamp their thumb print under their Academy)

Friday 10/18 ASB: Fun Friday: "Hula Hoop Relay"

The Week of October 21st

Week of Inclusion

Monday, 10/21 PE Classes - Video (verbal/physical bullying)

10/21-10/25 Chalk Mural in Amphitheater (Mrs. Lema's art students will be creating a mural all week)

Wednesday 10/23 Lunch: Blue ribbons for wrists/candy and informational handouts addressing bullying/suicide prevention

Friday 10/25 ASB: Fun Friday Lunch Activity

The Week of October 28th

ASB: Red Ribbon Week

10/29 or 10/30 Elective Classes - Cyber Bullying Lessons

From the Parent Falcon Club

PFC Meeting

Join us on October 8th at 8:30am in the library for the next PFC meeting. Please email your RSVP to: graniteoaksPFC@gmail.com

End of Quarter

Join the PFC as we celebrate the end of the quarter with Snowie King! Join us on Friday, October 11th in the main parking lot. Get your refreshing, shaved ice made with all natural/dye-free ingredients. Smalls are \$3 and Kings are \$5. See you there. (Snowie King will no longer be at the flag football games/girls volleyball games due to low sales. Thank you to everyone who purchased over the last month.)



Dining Out Fundraiser

Mark your calendars for October's Dining Night Out at Pete's Restaurant and Brewhouse. Join us on October 16th and help raise money for Granite Oaks. NO FLYER NEEDED - just mention Granite Oaks anytime from 11:00 a.m. to close and GOMS PFC will receive 20% of your bill! For more information, follow us on Facebook and mark "YES" to the event! https://www.facebook.com/events/362920491256946/ Be sure to share with your friends!

Day of Awesomeness

Drum roll please...students and parents, well done on this inaugural fundraiser. Together, we raised almost \$29,000 for Granite Oaks! Free Day of Awesomeness is on October 29th, and we will need volunteers to help with this fun event. Be on the lookout for a sign up in your email account.

Volunteer Opportunity

Looking to help our Parent Falcon Club? Sign up for our email list to be the first to know when we have an opportunity to help out. Have an hour or two? Maybe want to help with an event? Email us at graniteoaksPFC@gmail.com and tell us: "Add me to the list!" And if you know what event you'd like to help with, be sure to tell us.



BOYS BASKETBALL TRY-OUTS

7TH & 8TH GRADE Granite Oaks Middle School

TUESDAY, October 8th
7th GRADE 7:00-8:10 A.M.

WEDNESDAY, October 9th 8TH GRADE 7:00-8:10 A.M.

THURSDAY, OCTOBER 10th 7TH GRADE 7:00-8:10 A.M.

FRIDAY, October 11th

8TH GRADE 7:00-8:10 A.M. 7th GRADE 3:30-5:00 P.M.

MONDAY October 14th

8th GRADE 3:00 - 4:00 P.M. 7TH GRADE 4:00 -5:00 P.M.

-ATHLETES NEED TO BE AT ALL TRY-OUT DATES, UNLESS CLEARED BY COACH
-PRACTICE WILL START TUESDAY, 10/15

-KIDS PLAYING TACKLE FOOTBALL, G.O.M.S. WILL BE ABLE TO WORK AROUND YOUR PRACTICE SCHEDULE

GRADE CHECKS DUE THE FIRST DAY OF TRY-OUTS

Passive Consent for the CA Healthy Kids Survey California Department of Education Jun-2017 Page 1 of 4

CONSENT FOR THE CALIFORNIA HEALTHY KIDS SURVEY 2019-20 School Year MIDDLE SCHOOL

Dear GOMS Parent or Guardian:

Your 7th grade student is being asked to be a part of our school's California Healthy Kids Survey (CHKS) sponsored by the California Department of Education. This is a very important survey that will help promote better health and wellbeing among our youth, improve the school learning environment and combat problems such as drug abuse and violence. Your child does not have to take the survey. If you do not want your child to complete the survey, you must notify your child's homeroom teacher by filling out the CHKS Withdrawal form.

Survey Content. The survey gathers information on developmental supports provided to youth; school connectedness and barriers to learning; school safety; health-related concerns such as physical activity and nutritional habits; alcohol, tobacco and other drug use; and risk of depression. You may view a copy of the survey in your child's school front office or on the Rocklin Unified School District website at www.rocklinusd.org

The results from this survey are compiled into district and county-level CHKS Reports. To view a copy of your district's report go to http://chks.wested.org/reports/search (Outside Source) and type in the district name.

It is Voluntary. Students who, with your permission, agree to participate do not have to answer any questions they do not want to answer, and may stop taking the survey at any time.

It is Anonymous. No names are recorded or attached to the survey forms or data. The results will be made available for analysis only under strict confidentiality controls.

Administration. The survey will be administered October 8, 2019. It will take about one class period to complete (about 50 minutes).

Potential Risks. There are no known risks of physical harm to your child. Risks of psychological or social harm are very small. None have been reported in 14 years of survey administration. In rare instances, some discomfort might be experienced from the questions. The school's counseling services will be available to answer any personal questions that may materialize.

For Further Information. The survey was developed by WestEd, a public, non-profit educational institution. If you have any questions about this survey, or about your rights, please contact:

> Hannah Anderson Assistant Director of Innovation and School Programs Rocklin Unified School District (916) 630-3301

CHKS Withdrawal Form		
I do not give permission for my child to participate in the California Healthy Kids Survey on Tuesday, October 8th.		
My child's name is:	(Please Print)	Grade:
Signature:	Date:	

If you do not want your child to participate in the California Healthy Kids Survey, please return this completed form to your student's homeroom teacher by October 7, 2019.