

GOMS Eblast 10-21-22



October 31st STAFF DEVELOPMENT DAY - NO SCHOOL

Dear GOMS Families,

We would like to remind all of our families that safety is no accident! Please drive safely while on or near any RUSD campus. We want all of our students to be safe both on and off the GOMS campus. Today, we were able to practice our off campus safety drill at Breen Park. Our off campus safety drill gives our students and staff the chance to practice leaving campus when there is an emergency. During our drill all students and staff quickly evacuated our campus and safely walked to Breen Park. In a true emergency, parents would be notified immediately via our school messaging system regarding the situation. We would like to thank our students and staff for an efficient and safe drill.

We hope you have a great weekend!

All the best,

Mr. Anaya and Mr. Holmes

Rocklin Unified Partners with Care Solace for Mental Health Care Coordination

Dear Rocklin Unified Students, Families, and Staff,

The Rocklin Unified School District (RUSD) is committed to the safety and well-being of all students, staff, and families in order to foster a healthy learning environment. This includes mental health. The purpose of this communication is to inform you of a new mental health coordination platform to assist in receiving an additional layer of care for our community.

Care Solace helps individuals find mental health care providers and substance use treatment centers. Their Care Companion™ team is available 24 hours per day, 7 days per week, and 365 days per year to quickly connect you to carefully verified providers in your community.

Students, staff, and families may access Care Solace services in two ways:

- **Call (888) 515-0595** at any time. Support is available in 200+ languages. A dedicated Care Companion™ will help you every step of the way to research options, secure appointments, and follow up to make sure it is a good fit.
- For an anonymous search, answer a few questions to get matched with an extensive list of care providers at www.caresolace.com/rocklinusd.

Care Solace is now available for use at no cost to you. They will connect you with providers accepting all medical insurances including Medicaid, Medicare, and sliding scale options for those without insurance. All information entered on the Care Solace tool is completely confidential and securely stored.

This service is an optional resource available by choice and is not mandatory to use. Care Solace is not an emergency response service or mental health services provider. In the event of a life threatening emergency, please call 9-1-1 or the National Suicide Hotline 9-8-8.

This complimentary resource is provided by Rocklin Unified and available to all students, staff, and their families. Rocklin Unified is a recipient of a grant through the City of Rocklin's American Rescue Plan Act (ARPA), which contributes to our mental health supports, including Care Solace.

If you are interested in counseling-related services for your child, yourself, or another family member, please contact Care Solace for valuable assistance.

Sincerely,

Rocklin Unified School District



Attention: Girls who code and those who would like to

The Girls Who Code Club will start Wednesday, November 3rd. Meet in room D3 from 2:45 - 3:45pm.

Girls Who Code is a national program where club members can learn to code in various languages, block-based and text-based, and across many different themes, from games to apps to storytelling.

If you have questions, contact Mr. Knipe (gknipe@rocklinusd.org), or stop by room D3.

Message from Parent Falcon Club

Thank you to everyone who signed up for our September Staff Appreciation Breakfast! This month we are hosting a Yogurt Bar and providing snacks and treats to support our wonderful staff. [October Yogurt Bar Sign Up HERE](#)



GOMS Families,

We need some help with the upcoming

Day of Awesomeness on October 27th, 11:45am - 1:45pm.

Click on [THIS LINK](#) to sign-up to help monitor the activities.

Reminders from the Office:

Pulling your student out during the school day?

Send your student with a note written by you to take to the Attendance Window before school starts. The attendance office will issue them a pass to come down to meet you in the office where you will sign them out.

Have something to drop off for your student?

Make sure your student's name is on the item and drop it off in the office on the bookshelves. Tell your student that anytime they have forgotten something to come check the bookshelves in the office for the item.

Dropping off Hydroflasks/Thermal Water Bottles?

Write your students name on the water bottle somewhere so if they misplace it, it can be identified. We place lost water bottles in the multipurpose room, so tell your student to look there.

Did your student tell you to pick them up because they weren't feeling well?

Make sure your student is calling from the health office. Tell your student to report to the health office if they aren't feeling well so you can pick them up.

The Granite Oaks Middle School Drama Club Proudly Presents:

A FALL IMPROV SHOW!



What is improv? Improv. comes from the word improvisation. In improv. actors do not memorize lines. Instead, they make them up on the spot—usually with humorous results. If you've seen the show *Who's Line is it Anyway?*, this is similar to that show. Students are divided up into teams where they are assigned scenarios in various games for your entertainment. Come join us for a hilarious night of family-friendly fun!

WHEN: THURSDAY, OCTOBER, 27TH

TIME: 7PM






WHERE: MULTI-PURPOSE ROOM/STAGE

COST: ADULTS: \$5, AGES 12-17: \$3, CHILDREN 11 OR UNDER FREE.

\$1 OFF IF YOU SHOW A SCHOOL ID AT THE DOOR

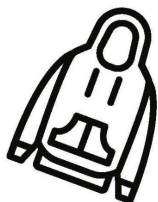
*** NOTE: WE ARE NOT DOING A SCHOOLWIDE SHOW THIS YEAR. PLEASE COME AT NIGHT IF YOU WANT TO SUPPORT YOUR FRIENDS.**

OCTOBER

RED RIBBON WEEK 	24		25		26		27	IN THE NEST RALLY 	28
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Red Ribbon Week

Red Ribbon week is to show our unity against drugs and alcohol! The class with the most participation will win \$50 toward a class party!



Monday PJ Day/Wear a Hoodie Day

Tuesday Anything BUT a Backpack Day

Wednesday Disney Day/Wear Red

Thursday Wear Pink to Stand Up Against Drugs!

Friday Wear Halloween Costumes/
Wear Black and Orange

GRANITE OAKS
MIDDLE SCHOOL

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NOW!



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LATER!



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