

WELCOME TO GRANITE OAKS ATHLETICS

AAU, CHURCH, YBA , TOURNAMENT, OR ANY OTHER ORGANIZED LEAGUE INCLUDING CLUB-

Rule 600, Article 6, page 33 of the CIF rules state that you cannot practice or play for both school and another league in the same sport during the school season.

NO EXCEPTIONS! (May, 1999, rule-F.I.S.A.L. Bylaw)

Consequences- 1ST Offense will be removal from school team. Probable team forfeiture of games played in.

PARENT PICKUP- Parents must pick up students within 15 minutes of the end of practice. Please arrange pick-ups, and carpools ahead of time. Repeated offenses will result in a parent/coach meeting.

SCHOOL ATTENDANCE- Student athlete must be in school for 4 periods in order to compete in that day's after school event.

TRANSPORTATION- Athlete must ride the bus to the event with the team, unless prior arrangements have been made between the parent/guardian, and the coach. The athlete may ride home with the parents/guardians if they have been properly signed out. Parent's are only allowed to sign-out & drive their own children home.

PLAYING TIME- Every attempt will be made to get your son/daughter into each event. However, some circumstances may not allow that to happen. We will not be discussing playing time during the season.

PRACTICE- The student athlete is required to be at all practices. Unexcused absences will not be tolerated. Make sure your coach is aware any time practice will be missed. Consequences- 1st offense will result in a player/parent/coach meeting. 2nd offense will result in a 1 game suspension. 3rd offense will result in removal from the team. (Absent from school is excused) If the coach is off-campus, please let the athletic director know if practice will be missed.

VOLUNTARY ATHLETIC CONTRIBUTION- = \$55.00

DIRECTIONS- There is a list of directions to all the schools in our league included in this packet. Please make copies for work, and/or car. Please do not call our secretary at G.O. for directions.

PICTURES- G.O. will have a professional photographer come out and take team and individual pictures for each sport. Picture packets will be given to the athletes prior to picture day. Any questions regarding pictures should be directed to the photographer. The number will be on the picture packet.

WASHING INSTRUCTIONS- All uniforms handed out to athletes must be washed in cold water, and hung to dry. Please do not use bleach of any kind, including detergents that have bleach in them. If a uniform gets damaged, the athlete will be required to replace it at purchase price.

GOALS- The athletic department would like to share a few goals :
The goal at Granite Oaks M.S. is to teach the athletes the skills that it takes to compete at the current and next level.

Our goal is to be competitive within our league.

Our goal is to teach the athletes life skills, such as responsibility, integrity, and teamwork.

Our goal is to have our athletes work as hard in the classroom as they do on the playing field.

Our goal is for the athletes to have a fun, and positive experience.

QUESTIONS- If any parents/guardians have questions about anything, please call the athletic director, Jerry Ryan. 315-9009 ext. 3901 or e-mail jryan@rocklin.k12.ca.us .

F.I.S.A.L. WEB PAGE- To access the F.I.S.A.L. Web page, use the following directions.

<http://svms.rocklin.k12.ca.us>

Click on Physical Education, then Click on F.I.S.A.L.

Schedules, records, and directions to all of the F.I.S.A.L. schools are posted. The web page is updated weekly.